

**Thank you for entering The Amazing Northampton Run 2025 on Sunday 14<sup>th</sup> September 2025 (comprising half marathon, 3 person half marathon relay and 3 mile race)**

This document provides you with all you need to know, and do, leading up to, and on race day.

We are back in 2025 with the third edition of the full on, closed roads, town centre Half Marathon. In a town with so much heritage, history and beauty I hope you enjoy the amazing route.

**Parking**

The race will start and finish in Abington Street (outside Skipton Building Society, 2A Abington Street, Northampton NN1 2AJ)

There are over 2000 car parking spaces in the town centre, [click here](#) to find out more. At the time of writing all are accessible with the exception of the Ridings Car Park. Parking charges apply on a Sunday; please ensure that you have a card for this. The town is well monitored to ensure that the parking rules are met.

The road closures are in place by 8:30am (they have a lot to do!), this will naturally increase traffic levels so allow time for this. There are two key access roads which remain open to major car parks (number of spaces listed):

Towcester Road –

Mayorhold (1073)  
Commercial Street (250)  
Grosvenor (810) via Lady's Lane  
St Michael's (464) via Lady's Lane  
Upper Mounts (310) via Lady's Lane/Victoria Street

Bedford Road –

Midsummer Meadow (126)  
St John's (485)

**You should aim to be parked up in Northampton by 8am to make your life easier and stress free.**





# SILVERSTONE LEASING

## Race Number Postage

If you have opted to have your race number posted, then it will arrive approx.. one week before race day – don't forget your safety pins! **IF YOU HAVE YOUR RACE NUMBER ALREADY THEN YOU DON'T NEED TO COME TO REGISTRATION**

## Registration

Registration will take place on **Saturday 13<sup>th</sup> September from 13:30 – 15:30** at [The Mercure Hotel Northampton](#) NN1 2TA. If you are driving down the Horsemarket then please look out for the sign to the hotel on your left just after the traffic lights before Sol Central.

***Please note if you park at the hotel for registration please enter your registration number in the console on the hotel reception. Please feel free to support our sponsor by purchasing a beer, coffee or food in the bar area. (Please note the coffee machines near registration are not to be used)***

If for any reason you cannot make this, then we will have an additional limited registration on Sunday **14<sup>th</sup> September from 07:15 until 8:30** (registration will close at this time). Please expect to queue for your number. **Please note you cannot park your car at the hotel on the Sunday. If you are driving we suggest you park up first in a car park and walk to registration.**

You will be given:

- 1. Your race number** which should be pinned to the **FRONT** of your running top.
- 2. Your Chronotrack timing chip** which is attached to the back of your race number.
  - i. Do not remove the chip from your race number.
  - ii. Do not bend the chip as you may damage it.
- 3. Your baggage tag** which is a tear off strip from your race number and must be attached to any **small bag** you wish to leave. You can then deposit the bag at the start/finish area. Please note all baggage is left unsupervised outside and at your personal risk – as the race organiser we cannot accept any liability for any loss or damage. Please take this into consideration when deciding to leave a bag

**Your medal and commemorative race top** will be collected at the finisher's village on completion of the race on Sunday.

**Relay Teams** – **only one person per team needs to register**. Please make the registration team aware that you are running as part of a relay team as you will each have race number (with the same number but suffixed with A, B and C to represent the order in which you will run) that **doesn't** contain a timing chip. You will be given a baton which contains your timing chip – do not forget to bring this with you on the day! If you lose the baton, there will be a charge for its replacement. When you finish please ensure all three team members have collected medals and t shirts. Runners one (A) and two (B) please approach the finish line team for your medal and T Shirt. The relay change overs are at the Rugby Club and St Peter and St Paul Church Abington Park

[Route 1](#) – [Route 2](#) – [Route 3](#) Also the walk back [from 1](#) and the walk back [from 2](#)

**On Sunday it is a third of a mile walk from registration to the start (please allow 5 minutes for this) – the map of the route is [here](#)**



## Toilets

- Saturday registration - The Northampton Town Centre Hotel
- Sunday - There will be a significant number of portable toilets in the Market Square and half way round in The Racecourse Park.

## Start and Course

There will be a pre-race warm up (approx 9.15am) from the team at Step Forward with Lewis/Virgin Active, before the **start at 09:30**. For details of the course please [click here](#). If you download the free [RideWithGPS](#) app then you can get the route [here](#) on your phone.

**The Northampton Three Miler starts at 09:45**. For details of the route please [click here](#)

I am pleased to say that we are following an officially measured course this year.

If you did the race last year then please note the route changes for 2025:

- The start/finish is in Abington Street next to the market square.
- We cross South Bridge (avoiding the tight river section) and turn right into St Leonards Road. The under the Towcester Road, along Main Road, under the railway and turn right on to the footpath over the Grand Union Canal. Then take the right hand path before picking up the original route along the reservoir.
- The Racecourse in the top corner near the White Elephant take the second path to the children's play area, bear left past the tennis courts, then turn left
- Abington Park take the turn down the tree-lined avenue then right up to the church.
- In the university campus - going across the front of the Senate Building and straight along Park Avenue and Delapre Walk to the footbridge.
- At Giles Terrace we continue straight up to Abington Street then a straight run to the finish



### Personal music players and headphones

The route is run on pathways and closed roads but you still need to be aware of your surroundings (it's a beautiful route) and listen to the instructions of the race team so we ask that you do not wear headphones. EA do allow the use of bone conductor technology, but we'd like to encourage conversation with your fellow competitors instead!

### Water

There will be water at each of our 4 water stations situated at **Northampton Town Football Club** (approx. 2.7 miles), **Grafton Street supported by the Sikh Community** (approx. 5.0 miles), **The Abington Bowling Club** (approx. 8.7 miles) and then **University of Northampton** (approx. 11.5 miles). This will be in the form of water in recycled paper cups. Please do not drop any litter – everyone will know who is responsible and will not help the future of this event

### Pacers

The pacers, sponsored by [Franklins Solicitors](#) are there to help you achieve your goal and cover times 1.30, 1.45, 2.00, 2.15, 2.30, 2.45 and 3.00. The pacers will position themselves on the start line in order of speed with the fastest pacer at the front.

They are easy to spot as they will carry a sign at the start showing their allocated pace and will be wearing yellow time numbers front and back.  
Race cut off time is 3 hours.

### Spectators

There are some great spots out on the course for spectators if you plan well then you can take advantage of short cuts within the loop

The half way point is at The Racecourse (why not hang out at the [Picturedrome](#) which is within easy walking distance of the finish line. Alternatively Abington Park is also within walking distance of the finish line (approx. 1 mile).

### Photography

Our photographer Adrian Howes will be on the course and at the finish line, capturing your finest moment – photos will be available to purchase at [adrianhowesphotography.co.uk](http://adrianhowesphotography.co.uk) following the race.

**Come back to Northampton(shire)** – check out <https://discover-northamptonshire.co.uk/online/> or why not try your hand at climbing - <https://thepinnaclecentre.co.uk/> (you pass this at mile one!)

### Give Aways



At the end of the race please grab a sample pot of Oltra recovery balm <https://oltra.co.uk/> to help your muscles after the race. Want to buy some more? Then get 10% off on us by using the code TANR10.

**RACE ∞ REWARDS** Please click on the link <https://racerewards.co.uk/share/?id=13530>

**Sponsors** - I'd like to say a massive thank you to our sponsors for 2025:

**West Northamptonshire Council** Our local authority in Northampton dedicated to supporting events like this and working hard to improve the town



**Du\_Feu IT** (01933 462162) Not all IT support companies rank equally, their friendly team of experts are dedicated to helping clients evolve with innovative technology and there for your IT help with incredible customer service  
<https://dufeu-it.co.uk/>

**Michael Jones Jeweller Est. 1919** (01604 632548) Jewellers in Northampton for over 100 years a perfect partner for a history and heritage event – a Garmin Retailer too!  
<https://www.michaeljonesjeweller.co.uk/>

**Darlins Barbers** (07572 765723) A friendly and local barbers shop in the town – well right next to the start line to be precise! **Look out for the pop-up barbers' shop in the finisher's village**

**John Henry Sports Northampton** (01604 622700) for being the event's retail partner. A great local sports shop – retail as it should be!  
<https://johnhenrysports.co.uk/>

**Northampton Town Council** – Supporting the event with toilets on the halfway point. As they say "we're pleased to be supporting The Amazing Northampton Run and proud to make it more inclusive by funding these additional toilets."

**Adventure Automotive** - (01604 625435) -Your local INEOS Grenadier dealer in Northampton and suppliers of the lead car for segments 2 and 3 <https://www.adventureautomotive.co.uk/>

**360 Degree Wellness** (01604 809360) Your boutique wellness centre in the heart of Northampton. They have a dedicated team of physiotherapists and sports therapists, always onsite to support your journey. They offer a diverse range of services, including Reformer and mat Pilates, various yoga and meditation classes, small group gym sessions, private infrared sauna experiences, a cutting-edge 3D scanner to track your progress, and expert sports massage therapy <https://360wellnessgroup.co.uk/> - **look out for them in the finishers village**

**St Giles Physiotherapy** (01604 806 123) - Whether you're managing a sports injury, recovering from surgery, or dealing with persistent pain, our team is here to provide the support, guidance, and personalised treatment you need, every step of the way.  
<https://stgilesphysiotherapy.co.uk/>

**Silverstone Leasing** (01604 978480) – for top-quality vehicle leasing deals and unmatched customer service in Northamptonshire and beyond  
<https://www.silverstoneleasing.com/>

**Dinomite Endurance Coaching** – Strive to be the best version of yourself with DinoMite Endurance Coaching - the only difference between a dream and a goal is the correct planning and support. They support runners and triathletes alike  
<https://www.dinomiteendurance.com/>

**Franklins solicitors** (01604 828282) - supporting the pacer team again this year. One of Northampton's premier law firms providing expert service, ensuring your wishes and assets are well protected.

<https://www.franklins-sols.co.uk/>

**Bells Motor Group Northampton** (01604 621363) – for providing a lead car for the event. The town's Kia and Volvo dealer

<https://www.bellsmotorgroup.co.uk/>

**Northampton BID** – supporting business in the town and encouraging great events

<https://www.discovernorthampton.co.uk/>

**Northampton Town Centre Hotel** – (01604 739988) rooms for runners, food and drink and a great space to do registration - <https://mercurenorthampton.co.uk/>

**Galahad Design** – ([cal@galahad.design](mailto:cal@galahad.design)) Our video production partners for 2025. Make sure you look your best!

<https://www.linkedin.com/company/galahad-design/> <https://www.galahad.design/>

**Moore** – (01733 397300) Helping you thrive in a changing world. They offer an extensive range of specialist services from audit to advisory and outsourced accounting services.

<https://www.moore.co.uk/>

**Tingdene Group** (01933 551627) Tingdene Group own, operate and develop Residential Parks, Leisure Parks and Marinas. Providing their communities with first class modern lifestyle living in beautiful and idyllic locations.

<https://tingdene.net/>

**Phipps Brewery** (01604 946606) Brewing the finest local beer since 1801. This year we have our own **Amazing Northampton Beer**! Make sure you pick up a voucher for your **free half** when you finish the race. Then take a short walk down Bridge Street to the Albion Brewery Bar in Kingswell Street. If you look young then you will need to verify your age before redeeming your voucher

<https://www.phipps-nbc.co.uk/>

**Special thanks for their support to:**

**NNBN (Northamptonshire Business Community)** - <https://nnbn.co.uk/>





### **Refreshments**

There are various food and beverage outlets in the town centre – please hang around and support your fellow runners and enjoy a well-earned treat and don't forget the beer!

### **Race Results**

Race Results will be available on our website following the event.

For details of the other events associated events please visit:

[www.gobeyondchallenge.com](http://www.gobeyondchallenge.com)

Looking forward to seeing you on the day,

Simon

**Simon Hollis**

**Event Director**

**The Amazing Northampton Run CIC**



**West  
Northamptonshire  
Council**

**Northampton**  
TOWN CENTRE BID



**NORTHAMPTON**  
TOWN COUNCIL

